

## Parent Guide: **Music-Makes the People Come Together**

Designed for children ages 13+ and an adult

This is an **Anytime Activity**, an activity framed with Jewish ideas and text, that you can pull up anytime and experience with your child(ren) in 30 minutes or less, created by the Center for Jewish Engagement and Learning. This **Anytime Activity** is all about concepts of **leadership**. This parent guide provides a framework and tools to help you get the most out of this activity with your teen.

### **What will you need?**

All of the text-based materials you need are included in the **Anytime Activity** via hyperlinks on the website. If you would like to do the supplemental activities at the end of the lesson, you will need: blindfolds, peanut butter, jelly, and bread.

### **How to use the Anytime Activity:**

**Find a good time to engage with your teen! Find a comfortable spot to sit together and open the **Anytime Activity** (<https://bit.ly/cjelmusicspark>)**

**Opening (less than one minute):** Begin the activity by scrolling through the first two pages to set the tone for the activity.

**The Dancing Guy (5 minutes):** Watch the video to learn leadership lessons from the dancing guy. Then ask and discuss who is the leader? Who is the follower? Who is more important? Who has shown leadership during the COVID19 pandemic?

**Inspiring/Doing (5 minutes):** Discuss the difference between inspiring and acting. These are judgment-free questions; encourage your teens form their own opinion.

**Moses and Nachshon (10 minutes):** Before showing the video, ask your teen, do you remember the Passover story? Who do you think led the Jewish people out of Egypt, Moses or **Nachshon**? Ask again after watching the video and see if their answer changes. Then discuss what is more important, being the person to start something, or being the first person to join in? Why is Moses famous and Nachson relatively unknown? Does it matter? Again, the discussion is much more important than the answer your child gives.

**Leading alone or with others (5 minutes):** Read the quote from **Rabbi Lord Jonathan Sacks**. Discuss why is it impossible to lead alone? As your teen to think of a situation where they tried to be a leader and no one followed them? What could they have done differently? What would Rabbi Lord Jonathan Sacks think of our current leaders?

**Check for Understanding (5 Minutes):** Discuss the following questions to assess what your teen has learned or picked up on so far. What do they think it means to be a leader or a follower? What does it mean to *do*? What does it mean to *inspire*?

**Activities (10 Minutes):** Invite your teen to participate in the trust walk or the PB&J Challenge. Ask them to tell you how these activities relate to leadership and followship and what they learned about themselves as a leader or follower after participating.

**Reflection (20 Minutes):** Encourage your teens choose from the two reflection activities and submit their responses **[HERE](#)**.

**Party (5 minutes):** Celebrate the end of your learning together by enjoying the clip from **[The Office](#)**.

Click **[here](#)** to share your thoughts and feedback with us.

From your fans at CJEL,

**[Miriam Abramovich](#)**

**[Mike Steklof](#)**

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