



*Limmud is an enrichment opportunity for children, teens and adults to engage in exciting Jewish learning!*



TEMPLE BETH TZEDEK

CONGREGATION SHIR SHALOM

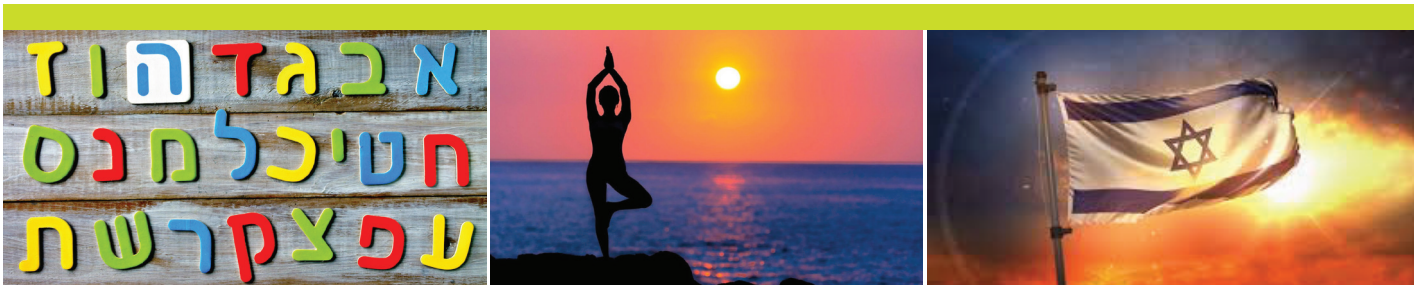


Song of Peace

# LIMMUD BUFFALO

**JOIN LIMMUD BUFFALO!**  
**2019-2020**

*Space is limited. Register today!  
Open to the whole community.*



## Tuesday's Limmud / 5:00-6:00 PM / Congregation Shir Shalom

### Hebrew for Beginners (Adults)

Join Nirit Weiner for a crash course in Hebrew for beginners. Aleph-Bet, vowels, decoding and some vocabulary will be introduced. This is a great opportunity for Shir Shalom-Gesher parents to learn along with their children! Course is September 2019 to December 2019. The cost is \$60/9 sessions.

### Hebrew Yoga (Adults)

This unique worship experience brings together body, mind, and spirit for an extraordinary alternative to traditional prayer service. Nirit Weiner is a certified Hatha Yoga instructor. Course is January 2020-May 2020. The cost is \$60/16 sessions.

## Thursday's Limmud / 5:00-5:50 PM / Temple Beth Tzedek

### Judaism 101 (Adults)

Judaism 101 is an introductory/refreshers course for adults on basic Judaism. Learn about the Jewish Holidays, customs and life-cycle events with Keren Green. Course offered September 2019-January 2020. The cost is \$75/13 sessions.

### Genesis 101 (Adults)

The book of Genesis is a wealth of life lessons. Explore the narrative in Genesis to gain a better understanding of the dynamics faced by our ancestors. Facilitated by Keren Green. Course offered February 2020-May 2020. The cost is \$60/12 sessions.

### Conversational Hebrew (Grades 4-12)

Join Nirit Weiner and Einav Symons for an interactive conversational Hebrew Limmud. Utilizing Upan-Or on-line platform, students will internalize spoken Hebrew and produce mini-dialogues with peers. Students need to bring a laptop and headphones to

class. Course offered September 2019-May 2020. The cost is \$300/25 sessions, which includes the \$60 for on-line registration.

### Hebrew Enrichment (Grades K-3)

Join the legendary Morah Becky for Hebrew listening, speaking, writing, and reading skills for children in kindergarten to grade three. Course offered September 2019-May 2020. The cost is \$260/25 sessions.

### -ISMS

This three-part seminar explores today's "-isms" such as racism, anti-Semitism, sizeism, ageism and sexism. Learn how to recognize and deal with them as individuals and parents. Course is presented by Dr. Nurit Fischer, professor at UB's Graduate School of Social Work. Seminar dates: November 7, 14, 21 from 7:30- 8:30 PM followed by light refreshments. The cost is \$15.

REGISTRATION CLOSED



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**SPACE IS LIMITED. REGISTER TODAY! OPEN TO THE WHOLE COMMUNITY!**

**2019-2020**

Registration is due by September 6, 2019. Receipt of full registration with payment will reserve your spot on a first come, first served basis.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

E-Mail \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Please check the boxes for classes you are signing up for:

### **Tuesday's Limmud / 5:00-6:00 PM / Congregation Shir Shalom**

4660 Sheridan Dr., Williamsville, NY 14221

**Call (716) 633-8877 to register with a credit card or mail check to the above address.**

- Hebrew for Beginners (adults) \$60/9 sessions. \_\_\_\_\_ Course offered September 2019-December 2019
- Hebrew Yoga (adults) \_\_\_\_\_ Course offered January 2020-May 2020. \$60/16 sessions.

### **Thursday's Limmud / 5:00-5:50 PM / Temple Beth Tzedek**

1641 North Forest Rd., Williamsville, NY 14221

**Call (716) 838-3232 to register with a credit card or mail check to the above address.**

- Judaism 101 (Adults) \_\_\_\_\_ Course offered September 2019-January 2020. \$75/13 sessions.
- Genesis 101 (Adults) \_\_\_\_\_ Course offered February 2020-May 2020. \$60/12 sessions.
- Conversational Hebrew (grades 4-12) \_\_\_\_\_ Course offered September 2019-May 2020. \$300/25 sessions. (Includes the \$60 for on-line registration)
- Hebrew Enrichment (grades K-3) \_\_\_\_\_ Course offered September 2019 -May 2020. \$260/25 sessions.
- ISMS \_\_\_\_\_ Seminar dates: November 7,14,21 @7:30-8:30 PM. Cost is \$15.

TOTAL: \_\_\_\_\_